

Reveal the unspoken signs of EoE

The mean diagnostic delay of eosinophilic esophagitis (EoE) is up to 3.5 years in children and 8 years in adults.¹ These questions can help uncover common adaptive behaviors in adult and pediatric patients who may be unaware of masked symptoms of EoE.²⁻⁴ If your patients respond yes to these questions meant to reveal symptoms of EoE, consider an endoscopy with biopsies to help assess potential esophageal inflammation and confirm suspicions of EoE.³

Patient Name: _____		Does your adult patient:
Date recorded	Y/N	
		feel like food is getting stuck when swallowing?
		feel afraid of not being able to swallow?
		ever feel anxiety related to swallowing?
		take longer to eat than others?
		need to cut food into small pieces?
		need to drink a lot with meals?
		need to chew excessively when eating?
		avoid certain foods like chicken, steak, rice, or crusty bread?
		avoid social settings that involve food?
		substitute solids with blended or pureed food?
Other adaptive behaviors:		

Patient Name: _____		Does your pediatric patient*:
Date recorded	Y/N	
		need reminders to chew more?
		show preference for liquids over solid foods?
		eat slowly compared to others?
		act as a picky eater?
		have problems with the consistency of certain foods, like meat or bread?
		hold food in their mouth for prolonged periods and/or hold food, spit food out?
		graze on small volumes of liquid or food?
		often leave and come back to the table?
		have difficulty advancing diet from pureed baby food?
Other adaptive behaviors:		

Learn more at www.SeeEoE.com

Please note this is not a diagnostic tool. Symptoms vary by patient and not all patients with these symptoms have EoE.

*For pediatric patients, the questions that uncover adaptive behaviors should change to reflect the patient's eating behaviors, as those also change over time.²

References: 1. Shaheen NJ, Mukkada V, Eichinger CS, et al. *Dis Esophagus*. 2018;31(8):1-14. 2. Hirano I, Furuta GT. *Gastroenterology*. 2020;158(4):840-851.

3. Muir AB, Brown-Whitehorn T, Godwin B, et al. *Clin Exp Gastroenterol*. 2019;12:391-399. 4. Taft TH, Guadagnoli L, Edlynn E. *J Asthma Allergy*. 2019;12:389-399.



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